

Confrontation or Creativity

Solutions for Challenging Behaviour Workshop

11 & 12 April 2016 (Mon to Tues), 9am – 5pm



There is no doubt that in schools, the workplace or the family we have to deal with behaviour which can take us to our limits. Children, teenagers and adults push the boundaries both physically and verbally that can result in chaotic classes, disrupted working environments and fractured relationships. There are no magical solutions! However there are tried and tested strategies and techniques that can address many of these seeming impossible situations.

This course provides a proactive method for approaching a range of 'difficult behaviours' by providing creative alternatives. Creative methods provide the foundations on which to build self-control and self-discipline. Creative methods will lead to greater empathy and increased resilience.

Many of the techniques are based on body-work and physical expressions. They are ideal as a means of focussing energy when working with individuals who are restless, over-active, physically aggressive and intimidating.

We shall spend time understand underlying feelings of children and teenagers who often feel inadequate, frustrated and worthless. Low self-esteem is common amongst those who show challenging behaviour.

Learning outcomes:

From this course participants will gain:

1. New techniques for addressing difficult situations
2. Practical structures to implement in school or home
3. An evaluation plan for monitoring change
4. An understanding of low self-esteem caused by attachment issues
5. A programme of 'laddering' social skills and their learning

Who may attend:

Counsellors, psychotherapists, psychiatrists, social workers, lecturers, teachers, nurses, HR personnel, trainers, parents, care givers, students and people who are interested to work with children and adults.

Wonderland or Worryland

Enhance Learning and Concentration Workshop

13 April 2016 (Wed), 9am – 9pm,

14 April 2016 (Thu), 9am – 1pm



Teachers, employers and parents are faced with a lack of interest or engagement in the learning process and attitudes of 'does it matter?' Or 'why bother?'. Young people seem more and more difficult to reach and teach. It is not surprising that we feel like giving up as it feels a daunting task with few rewards.

There are many causes for a lack of motivation in young people and children. Many individuals have never learnt to concentrate because they have not experienced it from others. Children left to their own devices at an early age will drift from one stimulus to another. Young people may be pre-occupied with home troubles such as domestic violence or separation. Others may be unhappy at school or are fearful of bullying.

This course explores some new strategies for changing patterns of behaviour into more motivated actions and positive involvement.

Learning Outcomes:

Participants will enhance their own learning by:

1. Gaining new techniques for change
2. Understanding the 'switched off' child or teenager
3. Dealing with their own feelings of frustration
4. Discovering underlying causes of lack of motivation
5. Creating a motivational environment for learning

Fee

Standard rate:

RM 630 – Confrontation or Creativity

RM 630 –Wonderland or Worryland

Early bird discounted rate:

(payment before 9 March 2016)

RM 580 – Confrontation or Creativity

RM 580 – Wonderland or Worryland

Group discounted rate:

(min. of 3 persons in a group & payment before 9 March 2016)

RM 530 – Confrontation or Creativity

RM 530 – Wonderland or Worryland

For workshop, fees are inclusive of handouts and 2 tea breaks per day

Certificate of Attendance will be awarded at the end of each workshop

Places are limited. Places are on first come first served basis.

**Application Deadline:
23 March 2016, Wednesday**

For inquiries and registration, please contact :

Enrich Counselling & Therapy Centre

JM Enrichment Sdn. Bhd. (454425-P)

17-3, Jalan Puteri 1/6,

Bandar Puteri,

47100 Puchong,

Selangor.

T : 03-8061 8061 / 014-2668803 (Janise)

F : 03-8063 3063

E : inquiry@jm-enrich.my

W : www.jm-enrich.my



Trainer

Professor Sue Jennings

Play Therapist, Dramatherapist,

Storyteller, Trainer, Supervisor

Sue Jennings is Professor of Play for the Romanian Association of Play Therapy and Dramatherapy, International Advisor to Enrich Counselling & Therapy Centre, KL and Consultant to 'Create, Play, Move and Learn', Singapore. Her life-time work has been the pioneering of play, theatre and attachment work with children and adults. She has a wide experience of working with babies and small children with developmental delay, teenagers with emotional and behavioural issues as well as adults with social and psychological difficulties. She has worked with children and teenagers on the autistic spectrum in Malaysia and Romania. 'Arts become Healing' is the focus for her work. She has also had lengthy experience working in hospitals and secure institutions such as prisons.

In 2012 Sue was awarded a Churchill Fellowship to research 'Arts and Older People'. This enabled her to continue to develop a system of Creative Care which she has taught in Malaysia and Singapore, (www.creativecareinternational.org). This creative approach is particularly effective with people who have dementia, and can be applied by care staff and volunteers.

Sue's innovatory work in child development spanned the last 40 years when she created the 'Embodiment-Projection-Role' paradigm, for understanding both preventative and therapeutic work with children and teenagers. More recently a second paradigm 'Neuro-Dramatic-Play' looked in detail at pregnancy and early babyhood in relation to the development of healthy attachment, resilience and empathy. This culminated in 'Healthy Attachments and Neuro-Dramatic-Play' published in 2011 by JKP. (www.playanddramapartnership.org)

Her doctoral research was conducted in the Malaysian rain forest where she lived for 18 months with her three children, studying the Senoi Temiar people. Her thesis was published in 1995 as 'Theatre, Ritual and Transformation' and has had a profound influence on her work.

Sue has held many academic appointments including: Visiting Professor, HELP University, KL, and Taiwan University of the Arts; Visiting Fellow Leeds Beckett University; Teaching Fellow London Hospital Medical College; Honorary Fellow University of Roehampton, UK.



Organised by

Enrich Counselling & Therapy Centre

Registration Form

Name: _____

I/C: _____

Gender: M / F

Organisation: _____

Designation: _____

Qualification: _____

Address: _____

Tel (H/P): _____

Email: _____

Payment (please "✓" at the relevant box)

Standard Rate

RM630

(Confrontation & Creativity)

RM630

(Wonderland or Worryland)

Early Bird Discounted Rate (payment before 9 March 2016)

RM580

(Confrontation & Creativity)

RM580

(Wonderland or Worryland)

Group Discount Rate (min. 3 persons in a group & payment before 9 March 2016)

RM530

(Confrontation & Creativity)

RM530

(Wonderland or Worryland)

TOTAL : _____

Payment Method:

Cheque payable to: "JM Enrichment Sdn Bhd"

Bank-into Public Bank Berhad.

A/C No: **3151731917**

(Please fax or email the bank-in slip to 03-8063 3063 or inquiry@jm-enrich.my)