

Developing Emotional Intelligence & Empathy Workshop

13 & 14 April 2015 (Monday & Tuesday), 9am – 5pm



It is in recent years that we understand several type of intelligence including emotional and social literacy. Many children with attachment difficulties or suffering from neglect, struggle to manage their emotions or to express their feelings appropriately. They often have difficulties expressing empathy: the capacity to feel and understand what other people are feeling. The roots of empathy start at an early age with the mother's capacity to 'tune in' to how an infant feels. An approach based on Neuro-Dramatic-Play enables teachers, parents and therapists to intervene and change chaotic emotional expression into age-appropriate communication and empathy. In order to understand emotional outbursts such as rage, it is necessary to explore underlying conflicts, trauma and role modelling.

This is a practical workshop which includes:

Theory and application with examples of practice; sensory and sand play, textured feelings, rhythm and ritual, therapeutic stories, worksheets and assessment.

Sand Play & Sculpting Workshop

15 & 16 April 2015 (Wednesday & Thursday), 9am – 5pm



Playing with sand is a very ancient and artistic activity. Children and adults enjoy building and making landscapes on the beach, the sensory feel of sand and its creative potential. It is also an important therapeutic method that can be used on its own, or with other play therapy approaches.

This two day course gives the foundation for sand play in both group and individual work. It will demonstrate its application in educational as well as therapeutic settings, and how it can be integrated into a holistic approach.

Topics include: illustrated theory and application; practical exploration for personal development; choice of figures including people, animals, mythological characters, landscape objects; personal storytelling; attachment and loss; decision making. The technique of 'sculpting' without sand, using small objects is also included. Sculpting can be used in assessment and evaluation as well as therapeutic intervention.

Who may attend:

Counsellors, psychotherapists, psychiatrists, social workers, lecturers, teachers, nurses, parents, care givers, students and people who are interested to work with children and adults.

Previous arts therapy experience is not required and we shall establish our own 'comfort zone'. Please be aware that most of the work is experiential.

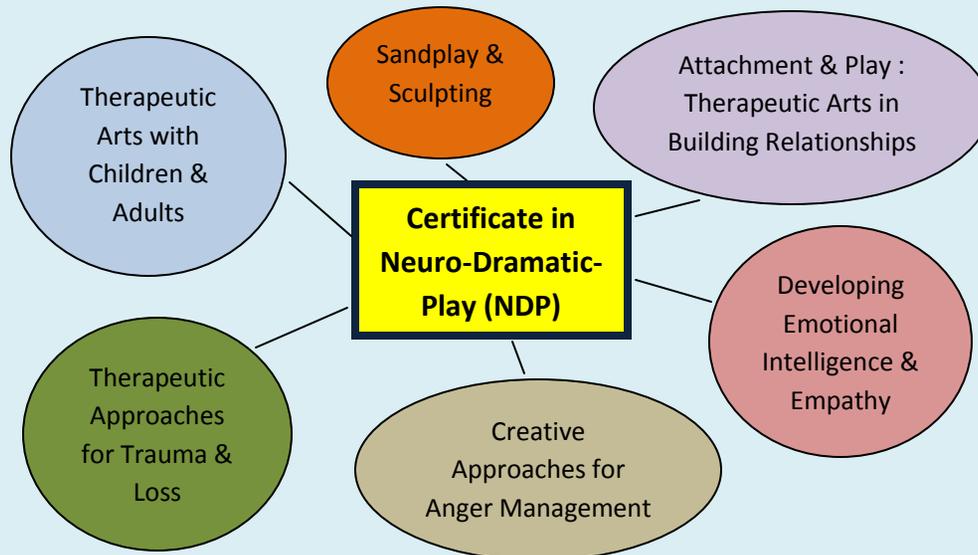
Certification of Attendance

The certificates will be awarded by Institute of Dramatherapy, UK.



Certificate in Neuro-Dramatic-Play (NDP)

To get the certificate in NDP, the participants will have to complete all 6 courses below:



Trainer

Professor Sue Jennings

Play Therapist, Dramatherapist,
Storyteller, Trainer, Supervisor

Sue Jennings is Visiting Professor in Child Development at HELP University, Kuala Lumpur, and Visiting Fellow at Leeds Beckett University, UK. Her life-time work has been the pioneering of play, theatre and attachment work with children and adults. She has a wide experience of working with babies and small children with developmental delay, teenagers with emotional and behavioural issues as well as adults with social and psychological difficulties. She has worked with children and teenagers on the autistic spectrum in Malaysia and Romania. 'Arts become Healing' is the focus for her work. She has also had lengthy experience working in hospitals and secure institutions such as prisons.

In 2012 Sue was awarded a Churchill Fellowship to research 'Arts and Older People'. This enabled her to continue to develop a system of Creative Care which she has taught in Malaysia and Singapore, (www.creativecareinternational.org). This creative approach is particularly effective with people who have dementia, and can be applied by care staff and volunteers.

Sue's innovatory work in child development spans the last 40 years when she created the 'Embodiment-Projection-Role' paradigm, for understanding both preventative and therapeutic work with children and teenagers. More recently a second paradigm 'Neuro-Dramatic-Play' looks in detail at pregnancy and early babyhood in relation to the development of healthy attachment, resilience and empathy, This culminated in 'Healthy Attachments and Neuro-Dramatic-Play' published in 2011 by JKP. (www.playanddramapartnership.org)

Her doctoral research was conducted in the Malaysian rain forest where she lived for 18 months with her three children, studying the Senoi Temiar people. Her thesis was published in 1995 as 'Theatre, Ritual and Transformation' and has had a profound influence on her work.

Sue has published over 40 books including the best-selling 'Anger Management Toolkit' (2011), '101 Ideas for Managing Challenging Behaviour' (2013), '101 Ideas for Empathy and Awareness' (2013), '101 Ideas for Positive Thoughts and Feelings' (2014) and 'When the World Falls Apart: Working with the Effects of Trauma' (2015), all published by Hinton House. (www.suejennings.com) Sue divides her working life between Malaysia, Romania (where she is President of the Romanian Association for Play Therapy and Dramatherapy), and UK.



Organised by
Enrich Counselling & Therapy Centre

Fee

Standard rate:

RM 580 – Developing Emotional Intelligence & Empathy
RM 580 – Sandplay & Sculpting

Early bird discounted rate:

(payment before 12 March 2015)

RM 530 – Developing Emotional Intelligence & Empathy
RM 530 – Sandplay & Sculpting

Group discounted rate:

(min. of 3 persons in a group & payment before 12 March 2015)

RM 480 – Developing Emotional Intelligence & Empathy
RM 480 – Sandplay & Sculpting

For workshop, fees are inclusive of handouts and 2 tea breaks per day

Places are limited. Places are on first come first served basis.



**Application Deadline:
31 March 2015, Tuesday**

Venue for all workshops:

Enrich Counselling & Therapy Centre



For inquiries and registration, please contact :

Enrich Counselling & Therapy Centre

JM Enrichment Sdn. Bhd. (454425-P)

17-3, Jalan Puteri 1/6,
Bandar Puteri,
47100 Puchong,
Selangor.

T : 03-8061 8061 / 014-2668803 (Janise)

F : 03-8063 3063

E : inquiry@jm-enrich.my

W: www.jm-enrich.my

Registration Form

Name: _____

I/C: _____

Gender: M / F

Organisation: _____

Designation: _____

Qualification: _____

Address: _____

Tel (H/P): _____

Email: _____

Payment (please "✓" at the relevant box)

Standard Rate

RM580

(Emotional Intelligence & Empathy)

RM580

(Sandplay & Sculpting)

Early Bird Discounted Rate (payment before 12 March 2015)

RM530

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RM530

(Sandplay & Sculpting)

Group Discount Rate (min. 3 persons in a group & payment before 12 March 2015)

RM480

(Emotional Intelligence & Empathy)

RM480

(Sandplay & Sculpting)

TOTAL : _____

Payment Method:

Cheque payable to: "JM Enrichment Sdn Bhd"

Bank-into Public Bank Berhad.

A/C No: **3151731917**

(Please fax or email the bank-in slip to 03-8063 3063 or inquiry@jm-enrich.my)